

Activity 3.2 – Thinking about strategies

Objective: To encourage participants to reflect on their experiences with different strategies that have been used to address food security.

Using this activity, the group will be able to see what types of strategies have been used to address food security issues. This activity also helps to show the connections between the strategies and how they can build on one another.

Process: Guide participants through this activity using the Carousel style method as described for Activity 2.1 (page 13).

Participants in this activity will be thinking about strategies that they have used or strategies they know others have used. Using different coloured sticky notes to represent the three different types of strategies – short-term relief, individual or community capacity building and system change — have participants write down the strategies they are aware of. Provide the participants with a map of the area and ask them to place the sticky notes where they know one of these strategies is being used.

By putting the sticky notes on the map, participants will then be able to see where most of the efforts to address food security have been. These efforts are usually short-term relief (and therefore mostly one colour). This method provides a visual that highlights the need to put more effort on system change strategies in order to address the root causes of food insecurity.